**ABOUT “MY LIFE” SOFTWARE**

**Planning Ahead ...by planning backwards**

My Life is a tool for students to use to plan ahead for what life will be like as an adult after high school.

Good planning begins by creating a vision for the future – My Life is a way to collect and organize the information necessary to make important live decisions.

Students can save this tool and go back and change it—or start over—at any time. All information entered by the student is stored locally on your computer. It is important to implement a file management system to easily keep track of the student data files.

**Getting Started**

Download and install My Life. When a student is ready to begin gathering information, open My Life and create a new file (be sure to save the file in a convenient place).

**Using the Result**

To give students a copy of the information that they have gathered, choose "Print" from the file menu. Information entered by the student is formatted as a report for their use. Areas not complete at the time of printing are included with space for the student to complete. Creating a new file and immediately printing it results in a blank planning form.

**Installing the File**

My Life is an executable file (.exe) file that is downloaded and installed on your Windows computer. The file is 5.6 MB. The MyLife setup.exe file will copy the My Life files to the Programs folder of your computer, and you have the option of creating a desktop shortcut at this time.

Save your data files to your own disk.